ProKnow Knowledge Skills Checklist for Contouring Performance-Based Items

1. Log in to *mdcb.proknow.com*

2. Choose the "Spine_01_contouring" data set for contouring practice.

3. Choose the "Structures" tab

4. Select "Edit Structure Set" in the top right of the window

5. Identify the bounding box if one is referenced in the question. Remember that additional contouring superiorly or inferiorly past the bounding box will NOT be penalized.

6. Adjust window leveling as necessary for contouring accuracy

7. Highlight the structure labeled "structure" to begin contouring. DO NOT create any new structures for contouring

8. Contouring can be done with the DRAW tool with or without smooth lines turned on

9. Contouring can be done with the PAINT tool with any brush diameter chosen

10. Erase unwanted portions of the contour with draw/paint tool

11. To create more than one contour per slice or create a hole in an existing contour, hold down the 'Shift' or 'Alt' key and draw/paint outside or inside the existing contour

12. Interpolate between slices

13. Copy from Inferior/Superior Slice

14. Clear Current Slice or Clear all Slices

15. When finished select "Commit" twice to finalize and submit contour